# POLYNOMIAL INEQUALITIES FOR NON-COMMUTING OPERATORS* 

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#### Abstract

We prove an inequality for polynomials applied in a symmetric way to non-commuting operators.


Key words. Ando inequality, Non-commuting, Symmetric functional calculus.

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1. Introduction. J. von Neumann [9] proved an inequality about the norm of a polynomial applied to a contraction on a Hilbert space $H$. Let $\mathbb{D}$ be the unit disk and $\mathbb{T}$ the unit circle in $\mathbb{C}$, and for any polynomial $p$ let $\|p\|_{X}$ be the supremum of the modulus of $p$ on the set $X$. The result is that

$$
\begin{equation*}
T \in \mathcal{B}(H),\|T\| \leq 1 \Rightarrow\|p(T)\| \leq\|p\|_{\mathbb{D}} \tag{1.1}
\end{equation*}
$$

For polynomials $p(z)=p\left(z_{1}, z_{2}, \ldots, z_{n}\right)=\sum_{|\alpha| \leq N} c_{\alpha} z^{\alpha}$ in $n$ variables we use the standard multi-index notation (where $\alpha=\left(\alpha_{1}, \alpha_{2}, \ldots, \alpha_{n}\right)$ has $0 \leq \alpha_{j} \in \mathbb{Z}$ for $\left.1 \leq j \leq n,|\alpha|=\sum_{j=1}^{n} \alpha_{j}, z^{\alpha}=\prod_{j=1}^{n} z_{j}^{\alpha_{j}}\right)$. There is an obvious way of applying $p$ to an $n$-tuple $T=\left(T_{1}, T_{2}, \ldots, T_{n}\right)$ of commuting operators $T_{j} \in \mathcal{B}(H)(1 \leq j \leq n)$, namely

$$
p(T)=p\left(T_{1}, T_{2}, \ldots, T_{n}\right)=\sum_{|\alpha| \leq N} c_{\alpha} T^{\alpha}
$$

( with $T^{\alpha}=\prod_{j=1}^{n} T_{j}^{\alpha_{j}}$ and $T_{j}^{0}=I$ ).
T. Andô [2] proved an extension of von Neumann's inequality to pairs of commuting contractions.

Theorem 1.1 (Andô). If $T_{1}, T_{2} \in \mathcal{B}(H), \max \left(\left\|T_{1}\right\|,\left\|T_{2}\right\|\right) \leq 1, T_{1} T_{2}=T_{2} T_{1}$ and $p(z)=p\left(z_{1}, z_{2}\right)$ is a polynomial, then

$$
\left\|p\left(T_{1}, T_{2}\right)\right\| \leq\|p\|_{\mathbb{D}^{2}}
$$

[^0]The purpose of this note is to look for analogues of Andô's inequality that are satisfied by non-commuting operators. For a polynomial $p$ in $n$ variables and an $n$ tuple of operators $T=\left(T_{1}, \ldots, T_{n}\right)$ we define $p_{\text {sym }}(T)$ to be a symmetrized version of $p$ applied to $T$ (we make this precise in Section 2). We are looking for results of the form:

For all $n$-tuples $T$ of operators in a certain set, there is a set $K_{1}$ in $\mathbb{C}^{n}$ such that

$$
\begin{equation*}
\left\|p_{\text {sym }}(T)\right\| \leq\|p\|_{K_{1}} \tag{1.2}
\end{equation*}
$$

and
For all n-tuples $T$ of operators in a certain set, there is a set $K_{2}$ in $\mathbb{C}^{n}$ and a constant $M$ such that

$$
\begin{equation*}
\left\|p_{\text {sym }}(T)\right\| \leq M\|p\|_{K_{2}} \tag{1.3}
\end{equation*}
$$

Our main result is:
Theorem 4.6 There are positive constants $M_{n}$ and $R_{n}$ such that, whenever $T=\left(T_{1}, T_{2}, \ldots, T_{n}\right) \in \mathcal{B}(H)^{n}$ satisfies

$$
\left\|\sum_{i=1}^{n} \zeta_{i} T_{i}\right\| \leq 1 \quad \forall \zeta_{i} \in \overline{\mathbb{D}}
$$

and $p$ is a polynomial in $n$ variables, then

$$
\begin{align*}
\left\|p_{\text {sym }}(T)\right\| & \leq\|p\|_{R_{n} \overline{\mathbb{D}}^{n}}  \tag{1.4}\\
\left\|p_{\text {sym }}(T)\right\| & \leq M_{n}\|p\|_{\overline{\mathbb{D}}^{n}} . \tag{1.5}
\end{align*}
$$

Moreover, one can choose $R_{2}=1.85, R_{3}=2.6, M_{2}=4.1$ and $M_{3}=16.6$.
2. Tuples of noncommuting contractions. There are several natural ways one might apply a polynomial $p\left(z_{1}, z_{2}\right)$ in two variables to pairs $T=\left(T_{1}, T_{2}\right) \in \mathcal{B}(H)^{2}$ of operators. A simple case is for polynomials of the form $p\left(z_{1}, z_{2}\right)=p_{1}\left(z_{1}\right)+p_{2}\left(z_{2}\right)$ where we could naturally consider $p\left(T_{1}, T_{2}\right)$ to mean $p_{1}\left(T_{1}\right)+p_{2}\left(T_{2}\right)$.

A recent result of Drury [4] is that if $p\left(z_{1}, z_{2}\right)=p_{1}\left(z_{1}\right)+p_{2}\left(z_{2}\right), T_{1}, T_{2} \in \mathcal{B}(H)$ (no longer necessarily commuting), $\max \left(\left\|T_{1}\right\|,\left\|T_{2}\right\|\right) \leq 1$, then

$$
\begin{equation*}
\left\|p\left(T_{1}, T_{2}\right)\right\| \leq \sqrt{2}\|p\|_{\overline{\mathbb{D}}^{2}} \tag{2.1}
\end{equation*}
$$

Moreover, Drury [4] shows that the constant $\sqrt{2}$ is best possible.
One way to apply a polynomial $p\left(z_{1}, z_{2}\right)=\sum_{j, k=0}^{n} a_{j, k} z_{1}^{j} z_{2}^{k}$ to two noncommuting operators $T_{1}$ and $T_{2}$ is by mapping each monomial $z_{1}^{j} z_{2}^{k}$ to the average over all possible products of $j$ number of $T_{1}$ and $k$ number of $T_{2}$, and then extend this map by linearity to all polynomials. We use the notation $p_{\text {sym }}\left(T_{1}, T_{2}\right)$ and the formula

$$
p_{\mathrm{sym}}\left(T_{1}, T_{2}\right)=\sum_{j, k=0}^{n} \frac{a_{j, k}}{\binom{j+k}{j}} \sum_{S \in \mathcal{P}(j+k, j)} \prod_{i=1}^{j+k} T_{2-\chi_{S}(i)}
$$

where $\mathcal{P}(j+k, j)$ denotes the subsets of $\{1,2, \ldots, j+k\}$ of cardinality $j$. The empty product, which arises for $j=k=0$, should be taken as the identity operator. The notation $\prod_{i=1}^{j+k} T_{2-\chi_{S}(i)}$ is intended to mean the ordered product

$$
T_{2-\chi_{S}(1)} T_{2-\chi_{S}(2)} \cdots T_{2-\chi_{S}(j+k)},
$$

and $\chi_{S}(\cdot)$ denotes the indicator function of $S$.
Remarks 2.1. The operation $p \mapsto p_{\text {sym }}\left(T_{1}, T_{2}\right)$ is not an algebra homomorphism (from polynomials to operators). It is a linear operation and does not respect squares in general.

For example, if $p\left(z_{1}, z_{2}\right)=z_{1}^{2}+z_{2}^{2}$, then

$$
p_{\mathrm{sym}}\left(T_{1}, T_{2}\right)=T_{1}^{2}+T_{2}^{2}
$$

but for $q\left(z_{1}, z_{2}\right)=\left(p\left(z_{1}, z_{2}\right)\right)^{2}=z_{1}^{4}+z_{2}^{4}+2 z_{1}^{2} z_{2}^{2}$ we have

$$
\left(p_{\mathrm{sym}}\left(T_{1}, T_{2}\right)\right)^{2}=T_{1}^{4}+T_{2}^{4}+T_{1}^{2} T_{2}^{2}+T_{2}^{2} T_{1}^{2} \neq q_{\mathrm{sym}}\left(T_{1}, T_{2}\right)
$$

in general.
Similarly for $p\left(z_{1}, z_{2}\right)=2 z_{1} z_{2}$ and

$$
q\left(z_{1}, z_{2}\right)=\left(p\left(z_{1}, z_{2}\right)\right)^{2}=4 z_{1}^{2} z_{2}^{2}
$$

$p_{\mathrm{sym}}\left(T_{1}, T_{2}\right)=T_{1} T_{2}+T_{2} T_{1}$,

$$
\left(p_{\mathrm{sym}}\left(T_{1}, T_{2}\right)\right)^{2}=T_{1} T_{2} T_{1} T_{2}+T_{1} T_{2}^{2} T_{1}+T_{2} T_{1}^{2} T_{2}+T_{2} T_{1} T_{2} T_{1} \neq q_{\mathrm{sym}}\left(T_{1}, T_{2}\right)
$$

in general.
However in the very restricted situation that $p\left(z_{1}, z_{2}\right)=\alpha+\beta z_{1}+\gamma z_{2}$ and $q=p^{m}$, then we do have $q_{\text {sym }}\left(T_{1}, T_{2}\right)=\left(p_{\text {sym }}\left(T_{1}, T_{2}\right)\right)^{m}$.

The symmetrizing idea generalizes in the obvious way to $n>2$ variables. We will use the notation $p_{\text {sym }}(T)$ for $n$-tuples $T \in \mathcal{B}(H)^{n}$ for $n \geq 2$.
3. Example. The analogue of Andô's inequality for $n \geq 3$ commuting Hilbert space contractions and polynomials norms on $\mathbb{D}^{n}$ is known to fail (see Varopoulos [8], Crabb \& Davie [3], Lotto \& Steger [6], Holbrook [5]).

The explicit counterexamples of Kaijser \& Varopoulos [8], and Crabb \& Davie [3]) have $p(T)$ nilpotent (and so of spectral radius 0 ). While the examples of Lotto \& Steger [6] and Holbrook [5]) do not have this property, they are obtained by perturbing examples where $p(T)$ is nilpotent (and so $p(T)$ has relatively small spectral radius).

It is not known whether there is a constant $C_{n}$ so that the multi-variable inequality

$$
\begin{equation*}
\|p(T)\|=\left\|p\left(T_{1}, T_{2}, \ldots, T_{n}\right)\right\| \leq C_{n}\|p\|_{\mathbb{D}^{n}} \tag{3.1}
\end{equation*}
$$

holds for all polynomials $p(z)$ in $n$ variables and for all $n$-tuples $T$ of commuting Hilbert space contractions. However, it is well-known that a spectral radius version of Andô's inequality is true - indeed, it holds in any Banach algebra.

Proposition 3.1. If $p$ is a polynomial in $n$ variables and $T=\left(T_{1}, T_{2}, \ldots, T_{n}\right)$ is an n-tuple of commuting elements in a Banach algebra, each with norm at most one, then

$$
\begin{equation*}
\rho(p(T))=\lim _{m \rightarrow \infty}\left\|(p(T))^{m}\right\|^{1 / m} \leq\|p\|_{\overline{\mathbb{D}}^{n}} \tag{3.2}
\end{equation*}
$$

(for $\rho(\cdot)$ the spectral radius).
Proof. We consider a fixed $n$. It follows from the Cauchy integral formula, that if $\max _{1 \leq j \leq n}\left\|T_{j}\right\| \leq r<1$, then

$$
\begin{equation*}
\|p(T)\|=\left\|p\left(T_{1}, T_{2}, \ldots, T_{n}\right)\right\| \leq C_{r}\|p\|_{\mathbb{D}^{n}} \tag{3.3}
\end{equation*}
$$

for a constant $C_{r}$ depending on $r($ and $n)$.
To see this write

$$
p(T)=\frac{1}{(2 \pi i)^{n}} \int_{\zeta \in \mathbb{T}^{n}} \prod_{j=1}^{n} p(\zeta) \prod_{j=1}^{n}\left(\zeta_{j}-T_{j}\right)^{-1} d \zeta_{1} d \zeta_{2} \ldots d \zeta_{n}
$$

and estimate with the triangle inequality. This shows that $C_{r}=(1-r)^{-n}$ will work.
Applying (3.3) to powers of $p$ and using the spectral radius formula, we get

$$
\rho(p(T)) \leq\|p\|_{\mathbb{D}^{n}}
$$

(provided $\max _{1 \leq j \leq n}\left\|T_{j}\right\| \leq r<1$ ). However, for the general case $\max _{1 \leq j \leq n}\left\|T_{j}\right\|=$ 1 , we can apply this to $r T$ to get

$$
\rho(p(T))=\lim _{r \rightarrow 1^{-}} \rho(p(r T)) \leq\|p\|_{\infty}
$$

Example 3.2.
Let $p(z, w)=(z-w)^{2}+2(z+w)+1=z^{2}+w^{2}-2 z w+2(z+w)+1$,

$$
\begin{gathered}
T_{1}=\left(\begin{array}{cc}
\cos (\pi / 3) & \sin (\pi / 3) \\
\sin (\pi / 3) & -\cos (\pi / 3)
\end{array}\right)=\left(\begin{array}{cc}
1 / 2 & \sqrt{3} / 2 \\
\sqrt{3} / 2 & -1 / 2
\end{array}\right) \\
T_{2}=\left(\begin{array}{cc}
\cos (\pi / 3) & -\sin (\pi / 3) \\
-\sin (\pi / 3) & -\cos (\pi / 3)
\end{array}\right) .
\end{gathered}
$$

Note that $\|p\|_{\mathbb{D}^{2}} \geq p(1,-1)=5$. To show that $\|p\|_{\mathbb{D}^{2}} \leq 5$, consider the homogeneous polynomial

$$
q\left(z_{1}, z_{2}, z_{3}\right)=z_{1}^{2}+z_{2}^{2}+z_{3}^{2}-2 z_{1} z_{2}-2 z_{1} z_{3}-2 z_{2} z_{3}
$$

and observe first that $p(z, w)=q(z, w,-1)$. Moreover

$$
\|p\|_{\mathbb{D}^{2}}=\|p\|_{\mathbb{T}^{2}}=\|q\|_{\mathbb{T}^{3}}=\|q\|_{\mathbb{D}^{3}}
$$

by homogeneity of $q$ and the maximum principle. Holbrook [5, Proposition 2] gives a proof that $\|q\|_{\mathbb{D}^{3}}=5$.

We have

$$
\begin{aligned}
p_{\text {sym }}\left(T_{1}, T_{2}\right) & =\left(T_{1}-T_{2}\right)^{2}+2\left(T_{1}+T_{2}\right)+I \\
& =\left(\begin{array}{cc}
0 & \sqrt{3} \\
\sqrt{3} & 0
\end{array}\right)^{2}+2\left(\begin{array}{cc}
1 & 0 \\
0 & -1
\end{array}\right)+I \\
& =\left(\begin{array}{ll}
3 & 0 \\
0 & 3
\end{array}\right)+\left(\begin{array}{cc}
2 & 0 \\
0 & -2
\end{array}\right)+\left(\begin{array}{ll}
1 & 0 \\
0 & 1
\end{array}\right) \\
& =\left(\begin{array}{ll}
6 & 0 \\
0 & 2
\end{array}\right)
\end{aligned}
$$

So $\left\|p_{\text {sym }}\left(T_{1}, T_{2}\right)\right\|=6>5=\|p\|_{\mathbb{D}^{2}}$.
REmARK 3.3. The example has hermitian $T_{1}$ and $T_{2}$ and a polynomial with real coefficients and yet $\rho\left(p_{\text {sym }}\left(T_{1}, T_{2}\right)\right)>\|p\|_{\mathbb{D}^{2}}$. Thus even Proposition 3.1 does not hold for non-commuting pairs.

The referee has provided an argument to show that for the polynomial $p$ of Example 3.2 , one has the inequality $\left\|p_{\text {sym }}\left(T_{1}, T_{2}\right)\right\| \leq 6$ for all contractions $T_{1}$ and $T_{2}$ (and thus the example is optimal for that $p$ ). This inequality is a substantial improvement over using the sum of the absolute values of the coefficients of $p$, so one is led to ask how well can one bound $\left\|p_{\text {sym }}(T)\right\|$ for general $p$ ?
4. $\left\|\sum \zeta_{i} T_{i}\right\| \leq 1$. In this section, we shall consider $n$-tuples $T=\left(T_{1}, \ldots, T_{n}\right)$ of operators, not assumed to be commuting, and we shall make the standing assumption:

$$
\begin{equation*}
\left\|\sum_{i=1}^{n} \zeta_{i} T_{i}\right\| \leq 1 \quad \forall \zeta_{i} \in \overline{\mathbb{D}} \tag{4.1}
\end{equation*}
$$

This will hold, for example, if the condition

$$
\begin{equation*}
\sum_{i=1}^{n}\left\|T_{i}\right\| \leq 1 \tag{4.2}
\end{equation*}
$$

holds. We wish to derive bounds on $\left\|p_{\text {sym }}(T)\right\|$. We start with the following lemma:
Lemma 4.1. If $S \in \mathcal{B}(H)$ and $\|S\|<1$ then

$$
\Re\left((I+S)(I-S)^{-1}\right) \geq 0
$$

Proof.

$$
\begin{aligned}
& 2 \Re\left((I+S)(I-S)^{-1}\right) \\
& =\left(I-S^{*}\right)^{-1}\left(I+S^{*}\right)+(I+S)(I-S)^{-1} \\
& =\left(I-S^{*}\right)^{-1}\left[\left(I+S^{*}\right)(I-S)+\left(I-S^{*}\right)(I+S)\right](I-S)^{-1} \\
& =2\left(I-S^{*}\right)^{-1}\left[I-S^{*} S\right](I-S)^{-1} \\
& \geq 0 .
\end{aligned}
$$

If $p(z)=\sum c_{\alpha} z^{\alpha}$, define

$$
\begin{equation*}
\Gamma p(z)=\sum c_{\alpha} \frac{\alpha!}{|\alpha|!} z^{\alpha} \tag{4.3}
\end{equation*}
$$

(as usual, $\alpha!$ means $\alpha_{1}!\cdots \alpha_{n}!$ ). We let $\Lambda$ denote the inverse of $\Gamma$ :

$$
\Lambda \sum d_{\alpha} z^{\alpha}=\sum d_{\alpha} \frac{|\alpha|!}{\alpha!} z^{\alpha}
$$

Proposition 4.2. Let $T=\left(T_{1}, T_{2}, \ldots, T_{n}\right) \in \mathcal{B}(H)^{n}$ satisfy (4.1) and $p(z)$ be a polynomial in $n$ variables. Then

$$
\begin{equation*}
\left\|p_{\text {sym }}(T)\right\| \leq\|\Gamma p\|_{\mathbb{D}^{n}} \tag{4.4}
\end{equation*}
$$

Proof. We first restrict to the case

$$
\zeta=\left(\zeta_{1}, \zeta_{2}, \ldots, \zeta_{n}\right) \in \mathbb{T}^{n} \Rightarrow\|\zeta \cdot T\|=\left\|\sum_{j=1}^{n} \zeta_{j} T_{j}\right\|<1
$$

and hence by Lemma 4.1 the operator

$$
(I+\zeta \cdot T)(I-\zeta \cdot T)^{-1}=(I+\zeta \cdot T) \sum_{j=0}^{\infty}(\zeta \cdot T)^{j}=I+2 \sum_{j=1}^{\infty}(\zeta \cdot T)^{j}
$$

has positive real part

$$
\begin{aligned}
K(\zeta, T) & =\Re\left((I+\zeta \cdot T)(I-\zeta \cdot T)^{-1}\right) \\
& =I+\sum_{j=1}^{\infty}(\zeta \cdot T)^{j}+\sum_{j=1}^{\infty}\left(\bar{\zeta} \cdot T^{*}\right)^{j} \\
& =2 \Re\left[\sum_{\alpha_{1}, \ldots, \alpha_{n}=0}^{\infty} \frac{|\alpha|!}{\alpha!} \zeta^{\alpha}\left(z^{\alpha}\right)_{\mathrm{sym}}(T)\right]-I .
\end{aligned}
$$

We can compute that for polynomials $p(z)=p\left(z_{1}, z_{2}, \ldots, z_{n}\right)$,

$$
p_{\mathrm{sym}}(T)=\int_{\mathbb{T}^{n}} \Gamma p(\zeta) K(\bar{\zeta}, T) d \sigma(\zeta)
$$

with $d \sigma$ indicating normalised Haar measure on the torus $\mathbb{T}^{n}\left(\operatorname{and} \bar{\zeta}=\left(\bar{\zeta}_{1}, \bar{\zeta}_{2}, \ldots, \bar{\zeta}_{n}\right)\right)$.
As

$$
K(\bar{\zeta}, T) d \sigma(\zeta)
$$

is a positive operator valued measure on $\mathbb{T}^{n}$, we then have a positive unital linear map $C\left(\mathbb{T}^{n}\right) \rightarrow \mathcal{B}(H)$ given by $f \mapsto \int_{\mathbb{T}^{n}} f(\zeta) K(\bar{\zeta}, T) d \sigma(\zeta)$. As this map is then of norm 1, we can conclude

$$
\left\|p_{\text {sym }}(T)\right\| \leq\|\Gamma p\|_{\overline{\mathbb{D}}^{n}}
$$

For the remaining case $\sup _{\zeta \in \mathbb{T}^{n}}\|\zeta \cdot T\|=1$, we have

$$
\left\|p_{\mathrm{sym}}(T)\right\|=\lim _{r \rightarrow 1^{-}}\left\|p_{\mathrm{sym}}(r T)\right\| \leq\|\Gamma p\|_{\overline{\mathbb{D}}^{n}}
$$

Remark 4.3. The technique of the above proof is derived from methods of [7].
Now we want to estimate $\|\Gamma p\|_{\overline{\mathbb{D}}^{N}}$.

Proposition 4.4. For each $n \geq 2$ there is a constant $M_{n}$ so that

$$
\|\Gamma p\|_{\overline{\mathbb{D}}^{n}} \leq M_{n}\|p\|_{\overline{\mathbb{D}}^{n}}
$$

Moreover,

$$
\begin{aligned}
& M_{2} \leq 4.07 \\
& M_{3} \leq 16.6
\end{aligned}
$$

Proof. Define

$$
\begin{equation*}
J(\eta)=\sum_{\alpha_{1}=0, \ldots, \alpha_{n}=0}^{\infty} \frac{\alpha!}{|\alpha|!} \eta^{\alpha} . \tag{4.5}
\end{equation*}
$$

Then

$$
\begin{equation*}
\Gamma p(z)=\int_{\mathbb{T}^{n}} p(\zeta)\left[J\left(z_{1} \bar{\zeta}_{1}, \ldots, z_{n} \bar{\zeta}_{n}\right)\right] d \sigma(\zeta) \tag{4.6}
\end{equation*}
$$

To use (4.6), we break $J$ into two parts - the sum $J_{0}$ where the minimum of the $\alpha_{i}$ is 0 , and the remaining terms $J_{1}$.

$$
J_{1}(\eta)=\sum_{\alpha_{1}=1, \ldots, \alpha_{n}=1}^{\infty} \frac{\alpha!}{|\alpha|!} \eta^{\alpha} .
$$

Case: $n=2$. Here,

$$
\begin{equation*}
\int_{\mathbb{T}^{2}} p(\zeta) J_{0}\left(z_{1} \bar{\zeta}_{1}, z_{2} \bar{\zeta}_{2}\right) d \sigma(\zeta)=p\left(z_{1}, 0\right)+p\left(0, z_{2}\right)-p(0,0) \tag{4.7}
\end{equation*}
$$

So the norm of the left-hand side of (4.7) is dominated by $3\|p\|_{\overline{\mathbb{D}}^{2}}$.
For $J_{1}$, we will use the estimate

$$
\left|\int_{\mathbb{T}^{2}} p(\zeta) J_{1}\left(z_{1} \bar{\zeta}_{1}, z_{2} \bar{\zeta}_{2}\right) d \sigma(\zeta)\right| \leq\|p\|_{\infty}\left\|J_{1}\right\|_{L^{1}} \leq\|p\|_{\infty}\left\|J_{1}\right\|_{L^{2}}
$$

We have

$$
\begin{aligned}
\left\|J_{1}\right\|_{L^{2}}^{2} & =\sum_{\alpha_{1}, \alpha_{2}=1}^{\infty}\left(\frac{\alpha_{1}!\alpha_{2}!}{\left(\alpha_{1}+\alpha_{2}\right)!}\right)^{2} \\
& =\sum_{\alpha_{1}=1}^{\infty} \frac{1}{\left(\alpha_{1}+1\right)^{2}}+\sum_{\alpha_{2}=2}^{\infty} \frac{1}{\left(\alpha_{2}+1\right)^{2}}+\sum_{\alpha_{1}, \alpha_{2}=2}^{\infty}\left(\frac{\alpha_{1}!\alpha_{2}!}{\left(\alpha_{1}+\alpha_{2}\right)!}\right)^{2} \\
& \leq\left(\frac{\pi^{2}}{3}-\frac{9}{4}\right)+\sum_{k=4}^{\infty}(k-3)\left(\frac{2}{k(k-1)}\right)^{2} \\
& \leq(1.069)^{2} .
\end{aligned}
$$

(In the penultimate line, we let $k=\alpha_{1}+\alpha_{2}$; there are $k-3$ terms with this sum, and the largest they can be is when either $\alpha_{1}$ or $\alpha_{2}$ is 2.) Adding the two estimates, we get $M_{2} \leq 4.07$.

Case: $n=3$. Again, we estimate the contributions of $J_{0}$ and $J_{1}$ separately. We have

$$
\begin{aligned}
& \int p(\zeta) J_{0}\left(z_{1} \bar{\zeta}_{1}, z_{2} \bar{\zeta}_{2}, z_{3} \bar{\zeta}_{3}\right) d \sigma(\zeta) \\
& =\Gamma p\left(0, z_{2}, z_{3}\right)+\left[\Gamma p\left(z_{1}, 0, z_{3}\right)-p\left(0,0, z_{3}\right)\right] \\
& +\left[\Gamma p\left(z_{1}, z_{2}, 0\right)-p\left(z_{1}, 0,0\right)-p\left(0, z_{2}, 0\right)+p(0,0,0)\right]
\end{aligned}
$$

where we have had to subtract some terms to avoid double-counting. Thus the contribution of $J_{0}$ is at most $3 M_{2}+4$.

To calculate the contribution of $J_{1}$, we make the following estimate on $\left\|J_{1}\right\|_{L^{2}}$, which is valid for all $n \geq 3$ :

We want to bound

$$
\begin{equation*}
\sum_{\alpha_{1}=1, \ldots, \alpha_{n}=1}^{\infty}\left(\frac{\alpha!}{|\alpha|!}\right)^{2} \tag{4.8}
\end{equation*}
$$

Let $k=|\alpha|$ in (4.8). Note first that the number of terms for each $k$ is the number of ways of writing $k$ as a sum of $n$ distinct positive integers (order matters), and this is exactly $\binom{k-1}{n-1}$. Moreover, as each $\alpha_{i}$ is at least 1 , we have

$$
\frac{\alpha!}{|\alpha|!} \leq \frac{1}{k(k-1) \cdots(k-n+2)}
$$

Therefore (4.8) is bounded by

$$
\begin{aligned}
& \sum_{k=n}^{\infty}\binom{k-1}{n-1}\left(\frac{1}{k(k-1) \cdots(k-n+2)}\right)^{2} \\
& =\sum_{k=n}^{\infty} \frac{k-n+1}{(n-1)!k} \frac{1}{k(k-1) \cdots(k-n+2)}
\end{aligned}
$$

The terms on the right-hand side of (4.9) decay like $1 / k^{n-1}$, so the series converges for all $n \geq 3$. When $n=3$, the series is

$$
\sum_{k=3}^{\infty} \frac{k-2}{2 k^{2}(k-1)} \leq(0.381)^{2}
$$

Therefore $M_{3} \leq 3 M_{2}+4.381<16.59$.

We now proceed by induction on $n$. The contribution from $J_{0}$ is dominated by applying $\Gamma$ to the restriction of $p$ to the slices with one or more coordinates equal to 0 , and these are bounded by the inductive hypothesis. The contribution from $J_{1}$ is bounded by (4.8).

We have proved that the polydisk is an $M$-spectral set for $T$; we can make the constant one by enlarging the domain.

Proposition 4.5. There is a constant $R_{n}$ so that

$$
\begin{equation*}
\|\Gamma p\|_{\overline{\mathbb{D}}^{n}} \leq\|p\|_{R_{n} \overline{\mathbb{D}}^{n}} \tag{4.9}
\end{equation*}
$$

Moreover,

$$
\begin{aligned}
R_{2} & \leq 1.85 \\
R_{3} & \leq 2.6
\end{aligned}
$$

Proof. Let $L(\eta)=2 \Re J(\eta)-1$. Adding terms that are not conjugate analytic powers of $\zeta$ inside the bracket in (4.6) will not change the value of the integral, so, writing $z \bar{\zeta}$ for the $n$-tuple $\left(z_{1} \bar{\zeta}_{1}, \ldots, z_{n} \bar{\zeta}_{n}\right)$, we get

$$
\begin{equation*}
\Gamma p(z)=\int_{\mathbb{T}^{n}} p(\zeta)[L(z \bar{\zeta})] d \sigma(\zeta) \tag{4.10}
\end{equation*}
$$

As $L$ is real and has integral 1 , if we can choose $r_{n}$ so that if $\left|z_{i}\right| \leq r_{n}$ for each $i$ then $L(z \bar{\zeta})$ is non-negative for all $\zeta$, then its $L^{1}$ norm would equal its integral, and so we would get from (4.10) that

$$
|\Gamma p(z)| \leq\|p\|_{\mathbb{D}^{n}} .
$$

Letting $R_{n}=1 / r_{n}$ gives (4.9). As the series (4.5) converges absolutely for all $\eta \in \mathbb{D}^{n}$, and $L(0)=1$, the existence of some $r_{n}$ now follows by continuity.

Let us turn now to obtaining quantitative estimates.
Case: $n=2$. Adding terms to $J$ that are not analytic will not affect the integral (4.10), so let us consider

$$
L^{\prime}(\eta)=\Re\left[\frac{1+\eta_{1}}{1-\eta_{1}}\right] \cdot \Re\left[\frac{1+\eta_{2}}{1-\eta_{2}}\right]-\sum_{\alpha_{1}=1, \alpha_{2}=1}^{\infty}\left(1-\frac{\alpha!}{|\alpha|!}\right)\left(\eta_{1}^{\alpha_{1}}-\bar{\eta}_{1}^{\alpha_{1}}\right)\left(\eta_{2}^{\alpha_{2}}-\bar{\eta}_{2}^{\alpha_{2}}\right)
$$

Then $L^{\prime}$ has integral 1 and (4.10) is unchanged if $L$ is replaced by $L^{\prime}$. So we wish to find the largest $r$ so that $L^{\prime}$ is positive on $r \mathbb{D}^{2}$.

It can be checked numerically that $r=0.5406$ works, so the best $R_{2}$ is smaller than the reciprocal of 0.5406 , which is less than 1.85 .

Case: $n=3$. As in the case $n=2$, we consider the kernel

$$
\begin{aligned}
L^{\prime}(\eta)= & \Re\left[\frac{1+\eta_{1}}{1-\eta_{1}}\right] \cdot \Re\left[\frac{1+\eta_{2}}{1-\eta_{2}}\right] \cdot \Re\left[\frac{1+\eta_{3}}{1-\eta_{3}}\right] \\
& -\sum_{\alpha_{1}=1, \alpha_{2}=1, \alpha_{3}=0}^{\infty}\left(1-\frac{\alpha!}{|\alpha|!}\right)\left(\eta_{1}^{\alpha_{1}}-\bar{\eta}_{1}^{\alpha_{1}}\right)\left(\eta_{2}^{\alpha_{2}}-\bar{\eta}_{2}^{\alpha_{2}}\right)\left(\eta_{3}^{\alpha_{3}}+\bar{\eta}_{3}^{\alpha_{3}}\right)
\end{aligned}
$$

(Note that there is a plus in the last factor to keep $L^{\prime}$ real.) Again, a computer search can find $r$ so that $L^{\prime}$ is positive on $r \mathbb{D}^{3}$, and $r=.39$ works, so $R_{3}<2.6$. $\square$

Combining Propositions 4.2, 4.4 and 4.5 , we get the main result of this section.
Theorem 4.6. There are positive constants $M_{n}$ and $R_{n}$ such that whenever $T=\left(T_{1}, T_{2}, \ldots, T_{n}\right) \in \mathcal{B}(H)^{n}$ satisfies (4.1) and $p(z)$ is a polynomial in $n$ variables, then

$$
\begin{align*}
\left\|p_{\mathrm{sym}}(T)\right\| & \leq\|p\|_{R_{n}} \overline{\mathbb{D}}^{n}  \tag{4.11}\\
\left\|p_{\mathrm{sym}}(T)\right\| & \leq M_{n}\|p\|_{\overline{\mathbb{D}}^{n}} \tag{4.12}
\end{align*}
$$

Moreover, one can choose $R_{2}=1.85, R_{3}=2.6, M_{2}=4.1$ and $M_{3}=16.6$.
Remark 4.7. Another way to estimate $\left\|p_{\text {sym }}(T)\right\|$, under the assumption (4.2), would be to crash through with absolute values. Let $\Delta_{n}=\left\{z \in \mathbb{C}^{n}: \sum_{j=1}^{n}\left|z_{j}\right| \leq 1\right\}$ and let $r_{n}$ denote the Bohr radius of $\Delta_{n}$, i.e. the largest $r$ such that whenever $p(z)=\sum c_{\alpha} z^{\alpha}$ has modulus less than or equal to one on $\Delta_{n}$, then $q(z)=\sum\left|c_{\alpha}\right| z^{\alpha}$ has modulus bounded by one on $r \Delta_{n}$. One then has the estimate that, under the hypothesis (4.2), and writing $C_{n}=1 / r_{n}$,

$$
\begin{equation*}
\left\|p_{\mathrm{sym}}(T)\right\| \leq\|q\|_{\Delta_{n}} \leq\|p\|_{C_{n} \Delta_{n}} \tag{4.13}
\end{equation*}
$$

It was shown by L. Aizenberg [1, Thm. 9] that

$$
\frac{1}{3 e^{1 / 3}}<r_{n} \leq \frac{1}{3}
$$

So the estimate in (4.11) for pairs satisfying (4.2) does not follow from (4.13).
5. $n$-tuples of contractions. In an attempt to use the above technique for tuples $T \in \mathcal{B}(H)^{n}$ such that $\max _{1 \leq j \leq n}\left\|T_{j}\right\| \leq 1$, we consider restricting $\zeta$ to belong to $\Delta_{n}$, and we replace $\sigma$ by some probability measure $\mu$ supported on $\Delta_{n}$.

Suppose we can find some function $q$ such that

$$
\begin{equation*}
\Lambda_{\mu}(q)(z):=\int_{\Delta_{n}} q(\zeta) \Re \frac{1+\bar{\zeta} \cdot z}{1-\bar{\zeta} \cdot z} d \mu(\zeta) \tag{5.1}
\end{equation*}
$$

equals $p(z)$. We do not actually need $q$ to be a polynomial; having an absolutely convergent power series on $\Delta_{n}$ (in $\zeta$ and $\bar{\zeta}$ ) is enough.

Lemma 5.1. With notation as above, assume $\Lambda_{\mu}(q)=p$ and that $T \in \mathcal{B}(H)^{n}$ is an n-tuple of contractions. Then

$$
\left\|(p)_{\mathrm{sym}}(T)\right\| \leq\|q\|_{\operatorname{suppt}(\mu)} \leq \sup \left\{|q(z)|: z \in \Delta_{n}\right\}
$$

Proof. We assume first that $\max _{1 \leq j \leq n}\left\|T_{j}\right\|<1$ and use the notation $K(\zeta, T)$ from the proof of Proposition 4.2 (which is permissible as $\|\zeta \cdot T\|<1$ for $\zeta \in \Delta_{n}$ ). We have

$$
\left(\Lambda_{\mu} q\right)_{\mathrm{sym}}(T)=\int_{\Delta_{n}} q(\zeta) K(\bar{\zeta}, T) d \sigma(\zeta)
$$

and hence the inequality $\left\|(p)_{\text {sym }}(T)\right\| \leq\|q\|_{\text {suppt }(\mu)}$ follows as in the previous proof.
If $\max _{1 \leq j \leq n}\left\|T_{j}\right\|=1$, we deduce the result from $\left\|(p)_{\text {sym }}(r T)\right\| \leq\|q\|_{\Delta_{n}}$ for $0<r<1$.

REmark 5.2. For an arbitrary measure $\mu$, there might be no $q$ such that $\Lambda_{\mu}(q)=$ $p$. If $\mu$ is chosen to be circularly symmetric, though, one gets

$$
\begin{equation*}
\Lambda_{\mu}\left(z^{\alpha}\right)=\left[\frac{|\alpha|!}{\alpha_{1}!\ldots \alpha_{n}!} \int\left|\zeta^{\alpha}\right|^{2} d \mu(\zeta)\right] z^{\alpha} \tag{5.2}
\end{equation*}
$$

As long as none of the moments on the right of (5.2) vanish, inverting $\Lambda_{\mu}$ is now straightforward.

To make use of the lemma to bound $p_{\text {sym }}(T)$ we need to find a way to choose another polynomial $q$ and a $\mu$ on $\Delta_{n}$ so that $p=\Lambda_{\mu} q$ and $\|q\|_{\Delta_{n}}$ is small. We do not know a good way to do this.

QUESTION 1. What is the smallest constant $R_{n}$ such that, for every $n$-tuple $T$ of contractions and every polynomial p, one has

$$
\begin{equation*}
\left\|p_{\text {sym }}(T)\right\| \leq\|p\|_{R_{n} \overline{\mathbb{D}}^{n}} ? \tag{5.3}
\end{equation*}
$$

We do not know if one can choose $R_{n}$ smaller than the reciprocal of the Bohr radius of the polydisk, even when $n=2$.

QUESTION 2. Is there a constant $M_{n}$ such that, for every $n$-tuple $T$ of contractions and every polynomial $p$, one has

$$
\begin{equation*}
\left\|p_{\text {sym }}(T)\right\| \leq M_{n}\|p\|_{\overline{\mathbb{D}}^{n}} ? \tag{5.4}
\end{equation*}
$$

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